


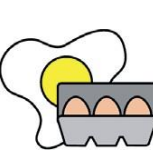
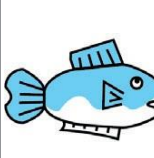
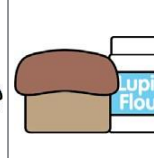












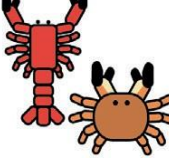
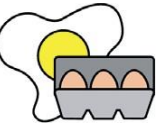
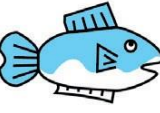
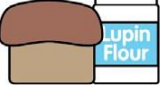








DISHES AND THEIR ALLERGEN CONTENT - SHEILING BISTRO 2021

(Note - Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Tuna Salad [example]	T			T	T		T		T					
Heather honey nuts										✓ Almonds, pecans & walnuts	✓		✓	
Mixed olives														
Black olive tapenade														
Queso dip & tortillas		✓ Wheat					✓							
Chips														
Sweet potato fries														
Poutine		✓ Barley & wheat					✓		✓					
Dirty fries							✓		✓					
Haggis croquettes		✓ Oatmeal & wheat												

DISHES AND THEIR ALLERGEN CONTENT - SHEILING BISTRO 2021

(Note - Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Tuna Salad [example]	T			T	T		T		T					
Veggie haggis croquettes		<input checked="" type="checkbox"/> Oatmeal & wheat												
Duck gyoza		<input checked="" type="checkbox"/> Wheat	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>								<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Vegetable gyoza	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> Wheat	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>								<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Red lentil daal									<input checked="" type="checkbox"/>					
Chorizo bean stew	<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>							
Flatbread		<input checked="" type="checkbox"/> Wheat												